

# Example Only

# Subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>HAIRDRESSER</b> <b>EVERY MONDAY AM</b> 			<b>September 14<sup>th</sup></b> In support of 	<b>1</b> <b>11.00 Father's Day Luncheon</b> 	<b>2</b> <b>9am Sharp!!!!</b> <b>Uniting Church Flower Show with Zumba Outing</b> <b>No Sat Singers</b>	<b>3</b> <b>Fathers Day</b> 
<b>4</b> <b>9:30 Hoy</b>  <b>1.00 Movement to Music (Act Room)</b> <b>2:00 Games with Nida</b>	<b>5</b> <b>9:30 Church</b> <b>10.00 Friendship Club- Beginning with....</b> <b>1:00 Indoor Bowls</b> 	<b>6</b> <b>9.30 Bus Outing (CBU &amp;D)</b>  <b>2:00 (Act. Room) Craft</b>	<b>7</b> <b>9.30 Bingo</b> <b>11.00 Choir</b> <b>1.00 Zumba / Chair Yoga with Nik</b> <b>2.00 Happy Hour with Carolyn</b>	<b>8</b> <b>9.30 Bus Trip (HH)</b>  <b>1.30 Ladies "Sip &amp; Chat"</b>	<b>9</b> <b>09.30 ANGLICAN SERVICE (ACT. Room)</b> 	<b>10</b> <b>Family Time</b> 
<b>11</b> <b>9:30 Hoy</b>  <b>1.00 Movement to Music (Act Room)</b> <b>2.00 Games with Nida</b>	<b>12</b> <b>9:30 Church</b> <b>10.00 Friendship Club</b> <b>1:00 Indoor Bowls</b> 	<b>13</b> <b>9.30 Bus Outing (WW)</b>  <b>10.30 Hands on Care in Wings</b> <b>2.00 Cooking for</b>	<b>14</b> <b>9.30 Bingo</b> <b>11.00 Choir</b>  <b>1.00 Zumba and Chair Yoga with Nik</b>	<b>15</b> <b>10.00 Armchair Travel</b>  <b>1.30 Movie Matinee</b>	<b>16</b> <b>09.30 Saturday Singers in CBD</b> 	<b>17</b> <b>Afternoon Movie</b> 
<b>18</b> <b>9:30 Hoy</b> <b>1:00 Movement to Music (Act. Room)</b>  <b>2:00 Games with Nida</b>	<b>192</b> <b>9.30 Church-</b> <b>10.00 Friendship Club-</b>  <b>1.00 Indoor Bowls</b>	<b>20</b> <b>8.00 Brekky Club (HH &amp; TV)</b> <b>9.30 Bus Outing (MSU)</b> <b>9.30 Coral C Singers</b>	<b>21</b> <b>9.30 Residents Meeting</b> <b>10.00 Bingo</b> <b>11.00 Choir</b> <b>1.00 Zumba with Nik</b> <b>2.00 Happy Hour (CB)Music</b>	<b>22</b> <b>9.30 Bus Trip TBA</b>  <b>Movie in all areas PM</b>	<b>23</b> <b>09.30 ANGLICAN SERVICE (ACT. Room)</b> 	<b>24</b> <b>Family Time</b> 
<b>25</b> <b>9:30 Hoy</b> <b>1.00 Movement to Music</b> <b>2:00 Games with Nida</b> <b>PNH Annual General Meeting @ 1900</b>	<b>26</b> <b>9:30 Church</b> <b>10.00 Friendship Club</b>  <b>1:00 Indoor Bowls</b>	<b>27</b> <b>8.00 Brekky Club (CBU &amp;WW)</b> <b>10.00 Bus Trip (TV)</b> <b>2.00 Craft time</b> 	<b>28</b> <b>9:30 Bingo</b> <b>11.00 Choir</b> <b>1:00 Chair Zumba/Yoga with Nik</b>  <b>2.00 Food Focus Meeting</b>	<b>29</b> <b>9.30 Birthday Party with Carolyn &amp; Jigsaw Quartet</b> 	<b>30</b> <b>9.30 Saturday Morning Melodies in CBD</b> 	

